

✠ THE NEW WITNESS ✠ TO THE ANCIENT FAITH

A Newsletter of St. Elizabeth Orthodox Church

NOVEMBER 2022



This month, the Nativity Fast begins on November 15th, preparing us for the “Winter Pascha” season—Christmas, followed by Theophany in January. We also celebrate the Entrance of the Most Holy Theotokos on Monday, November 21st, and will have a festal vigil on Sunday, November 20th at 5:00 p.m.

*O Most-holy One, honored far above
the heavens,*

You are both temple and palace

You are dedicated in the temple of God

*To be prepared as the divine dwelling
place of His coming.*

*Let us praise the glorious entrance of
the Theotokos in songs,*

*For today she is prophetically offered
in the temple as a precious gift,*

Being herself the temple of God.†

† Matins of the Feast of the Entrance of the Most Holy Theotokos—quoted in *The Winter Pascha*, by Fr. Thomas Hopko.

Parish Life & Announcements

Fishline Food Collection

For the remainder of the month through Thanksgiving, we will be collecting food to benefit Fishline.



Fishline is a Kitsap County 501(c)(3) nonprofit organization whose mission is to provide food and access

to resources that offer stability, improve health and well-being, and help people onto a path to self-sustainability.

Please leave your nonperishable food donations in the bin provided by Fishline (next to the kitchen). Fishline accepts any unexpired, nonperishable food items.

Their most needed items are canned fruit, canned meat, beef jerky, cereal, regular coffee (no decaf), canned chili, variety beans, trail mix, and peanut butter. Other requested items include granola bars, fruit snacks, individual oatmeal packets, peanut butter crackers, apple sauce cups, pudding cups, individual cereal boxes, cup of noodles, and individual packages of raisins or raisins.

Thank you for your support!

Our New Choir Directors

With our beloved and long-time choir director Kelsey Ferrenberg now moved to North Dakota with her family, we are delighted to have Christine Alexandra Adam directing our choir on Saturdays and Sundays. She and her husband Michael will be traveling from the eastside of Puget Sound to help us as long as we lack a permanent choir director.

We are very grateful to Christine and Michael for making this sacrifice. Also, Subdeacon Gregory Hendry has agreed to sing Daily Vespers for us on Wednesday evenings going forward. Please keep all of them in your prayers.

Nativity Fast

As we launch into the forty-day Nativity Fast on November 15th, remember that this period is given an opportunity to undertake spiritual growth through repentance. As part of this, everyone should plan to make a confession during the course of the fast.

As always, Father John is available for confessions following Saturday evening Great Vespers—no appointment needed—and by appointment throughout the week.

Guatemalan Mission Presentation

On Sunday, November 19th, Jesse Brandow will be visiting our parish to give a presentation on the Orthodox mission in Guatemala. Jesse has been to our church before, and every member of the parish is encouraged to remain after the Liturgy during coffee fellowship to hear about his work there. Parishioners are encouraged to

consider offering a pledge of support for his ministry.

Ride-Share Ministry

We would love to compile a list of parishioners who are willing to give rides to and from church to others who lack their own transportation. As a driver volunteer, you will be contacted by phone, text or email when a need arises.

Please contact Jamie Telegin at 503-726-9449 or teleginj@gmail.com if you are interested in signing up to provide transportation. Let her know your name, email, phone number, which church services or events you are available to support, and where you are able to pick up and drop off (e.g., Poulsbo, Silverdale, etc.).

Additionally, if you need of a ride to and from church, please contact Jamie, who can hopefully match you up with an available volunteer. Thank you for your support!

Visitation and Meal-Train Teams

Similar to the rideshare opportunity, we would love to compile a list of parishioners who are willing to be on our visitation team or on our meal train team.

The visitation team will visit fellow parishioners who have difficulty attending services, such as those in the hospital, rehab center, or personal care home. The goal is to provide support and offset the loneliness that can often accompany these stays.

The meal train team will provide food or go grocery shopping for those who have upcoming surgeries, a new baby, have lost a loved one, or are suffering from illness or injury. Whether you like to cook or not, it is a

great chance to serve! You can purchase the meals, you can cook them, or you can simply provide the family with a restaurant or store gift card.

If you are interesting in serving in these important ministries, please contact Jamie Telegin at 503-726-9449 or teleginj@gmail.com. We will add you to a new email list where you will be kept informed of each new opportunity to serve.

Please also contact Jamie if you or someone you know would like to be added as someone who is in need of these ministries.

Women's Fellowship

The women's fellowship group is continuing to read and discuss *The Jesus Prayer* by Met. Kallistos Ware. Our next meeting is November 1st at 6:30 p.m. Please join us!

The women's ministry would also like to facilitate a Mothers of Young Children Fellowship to meet once per month. We will provide free childcare so that you can meet without your children for 1.5 hours or so.

Mothers of young children can join the existing women's fellowship which meets the 1st Tuesday of every month, and we will provide childcare as well. Just let us know you plan to attend.

If Tuesday evenings do not work, we want to make it easy for you to meet another evening or Saturday morning.

Please speak with Terri Adkins if you are interested in being part of the Mothers of Young Children Fellowship, or providing childcare. You can also email Terri at Adkinsterri7@gmail.com.

Men's Fellowship

The men's fellowship group has begun a new book—*Rock and Sand* by Fr. Josiah Trenham, an Orthodox appraisal of the protestant reformers and their teachings. We meet every other Saturday at 9:00 a.m., and typically enjoy a pretty darn good breakfast together. If you are interested in attending, we'd love to have you! Our first meeting this month will be November 5th.

Game Night

Game night is November 11th at 6:30 pm. All ages are welcome. Bring your Lenten snacks!

Moleben of Healing

There will be a Moleben of Healing on Wednesday, November 2nd at 6:00 p.m., just before vespers.

Charity Sunday

St. NICHOLAS Uganda CHILDREN'S FUND

November 6th—After Liturgy we will be collecting for the St. Nicholas Uganda Children's Fund.

“The St. Nicholas Uganda Children's Fund provides for the education, health, and welfare of Ugandan children, teens, and young adults. We support over 240 orphans and vulnerable children in primary & secondary school, vocational & professional training, and university. With your help, we can make a real difference in their young lives.”

<http://www.ugandachildrensfund.org/>

Bookstore News

Christmas Cards

Do you have trouble finding cards that reflect a simple message of your Orthodox faith? The bookstore is selling Orthodox



Christmas cards from Ancient Faith. As Christmas cards tend to lose their value after December 25th we are asking you to pre-order and pre-pay for your cards. The preorder sheet is

at the bookstore table and orders must be completed by Nov 13th.

You can order the multi pack sample or go to store.ancientfaith.com and search for “Christmas Cards Pack of 15.” Make your selection and record the item number clearly next to your name on our preorder sheet. Pre-pay by depositing a check or cash—in a marked envelope—in the blue box. The price is \$17 per box.

Christmas cards should arrive by December 1st or earlier.

Calendars

The ever popular “Seasons of the Liturgical Year” calendar is no longer available at this time. The calendar that you can preorder is the “2023 Icon Calendar: Saints and Martyrs of the Early Church—First to Third Centuries” (SKU 006559). The price is \$15.

Remember, these prices include Washington state sales tax and no shipping. Like the

Christmas cards, these calendars should arrive by December 1st.

As usual, liturgical calendars also will be available to everyone in the parish at no cost. These calendars will arrive in December.

For questions, please see Jamie or Nancy.

New Arrivals

We have several new book arrivals this month, including:

Despondency: The Spiritual Teaching of Evagrius Ponticus on Acedia, by Gabriel Bunge

Three Prayers: The Lord’s Prayer, O Heavenly King, Prayer of St Ephrem, by Oliver Clément

A Long Walk With Mary: A Personal Search for the Mother of God, by Brandi Willis Schreiber

A Taste of Paradise, Stories of Saints and Animals, by Katherine Bolger Hyde

Memory Eternal, Living with Grief as Orthodox Christians, by Sarah Byrne-Martelli

The Prayer of a Broken Heart: An Orthodox Christian Reflection on African American Spirituality, by Rev. Paul Abernathy

The Seven Mysteries of the Lord’s Prayer, by St. Makarios of Corinth (already sold)

The Divine Liturgy: A Commentary in the Light of the Fathers, by Hieromonk Gregorios

The Spiritual Roots of the Ecological Crisis, by Jean-Claude Larchet

We have also re-stocked many “go-to” books for the Nativity Fast, including *The Winter Pascha* by Fr. Thomas Hopko, *The Services of Christmas*, and *Meditations for Advent*. And we are thrilled to have new copies of the booklet *Preparing for Confession* by L. Joseph Letendre—back in print.

With many of our new arrivals, we only ordered one copy. So, if you are the one person who purchased a particular book, please let us know how you liked it!

Your bookstore team—Sheryl, Jamie and Nancy.

Recurring Dates

Catechesis

Father John continues in-person Monday catechesis from 6:30 to 7:30 pm. All of our catechumens are attending this important part of preparing for entry into the Orthodox Church. Parishioners and inquirers are invited to attend to learn more about the faith.

Sunday catechesis also continues during the second half of the Divine Liturgy—except the fourth Sunday of each month, when there is no Sunday catechesis. Parishioners who have invited non-Orthodox to visit are encouraged to let them know they are welcome to participate.

The schedule for Sunday catechesis is below.

Nov. 6	The Annual Cycle of Worship
Nov. 13	Practicing a Rule of Prayer
Nov. 20	The Case of Emperor Constantine
Nov. 27	No Catechesis (Fourth Sunday)

Orthodox Studies

Our informal conversations about Orthodoxy have returned to Wednesday evenings following vespers at 6:30 pm.

Come pray with your fellow parishioners at vespers—and then stay after for a half-hour or so discussing interesting and important topics of our Orthodox faith. This is a particularly good time for introducing family members and acquaintances to the Church. Come with questions for Father John!

Choir Practice

Christine Adam will be meeting with the choir each Sunday morning at 9:30 a.m. for warm-ups before liturgy.

Confessions

Father John is available for confessions every Saturday after vespers—and anytime by appointment. Email him at rector@stelizabethorthodox.org.

5th Annual Parish Camping Trip

Update

Last month we announced that the 5th annual parish camping trip will take place July 23 to 26, 2023 at Dosewallips State Park. Reservations opened October 23rd and are filling up fast. All cabins are now booked. Below is additional information for planning your trip. We hope you can join us!

Tent & RV Non-Hookup Campers

We would like to be closer together this year and reserve sites 61–70 in the B Loop. If you reserve a site, please be sure to let Jamie Telegin know so she can update the map she is keeping. Her email address is teleginj@gmail.com.

RV Hook-up Campers

Sites 77–80 have RV-hookups and are located next to Loop B. If you reserve a site, please be sure to let Jamie Telegin know so she can update the map she is keeping. Her email address is teleginj@gmail.com.

If you would like to join us but don't necessarily want to be in the same loop, due to noise level, privacy, or whatever the reason may be, that is completely fine of course. Please feel free to book whatever site looks good and we will see you there. Day visitors are more than welcome as well.

Classifieds

For Sale & Free

Roxanne Reid-Bennett has several items for sale and to give away.

For sale: electronic piano, oak sewing cabinet, self-standing jewelry cabinet, oak chest of drawers, three bar stools with backs, three bar stools with padded seats, poker table, patio hammock, Rockenbok padded table, junior bicycle (8–12 year old size), 2 racks x 3 cages on wheels sized for rabbits, miscellaneous rabbit supplies.

Free: Rockenbok track, pink office chair

If interested, please contact the Bennetts at rox@tara-lu.com or (571) 340-1450.

Rabbit Sitter Needed

Roxane is also looking for someone to rabbit sit. Easy to care for, just check on every other day—December 17th through January 2nd. Alternatively, Roxanne can drop off the rabbit, cage, and food if you have room in your garage.

Contact the Bennetts at rox@tara-lu.com or (571) 340-1450.

Prayer List

Departed

ND Pascalino
ND Doris
ND Marjorie
ND Elijah

Living

Michael
Jeff Seraphim
Irina
Sara CSB
Alison
William Nicholas
Noel
Denise
Becky
Gina

ND: Newly Departed
CSB: Child She Bears



Miscellaneous

Covid Precautions

Everyone is reminded that, with continued concerns about Covid, parishioners should keep four particular precautions in mind:

- Everyone who wishes to do so should feel free to wear a mask, but masks are not required;
- Windows can be opened to improve ventilation;
- Doors to the parish hall can be left open during services;
- If anyone tests positive for Covid and has recently been to the church, please be sure to let Father John know.

Newsletter Submissions

If you would like to submit any materials, announcements, classifieds, or requests for this monthly newsletter, please contact Bryan Telegin at teleginb@gmail.com.

Contact Us

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November 2022

Daily Readings

11/1	Col 1:1-2, 7-11	Lk 11:34-41
11/2	Col 1:18-23	Lk 11:42-46
11/3	Col 1:24-29	Lk 11:47-12:1
11/4	Col 2:1-7	Lk 12:2-12
11/5	2 Cor 3:12-18	Lk 9:1-6
11/6	Gal 2:16-20	Lk 8:41-56
11/7	Col 2:13-20	Lk 12:13-15, 22-31
11/8	Col 2:20-3:3	Lk 12:42-48
11/9	Col 3:17-4:1	Lk 12:48-59
11/10	Col 4:2-9	Lk 13:1-9
11/11	Col 4:10-18	Lk 13:31-35
11/12	2 Cor 5:1-10	Lk 9:37-43
11/13	Gal 6:11-18	Lk 10:25-37
11/14	1 Thess 1:1-5	Lk 14:12-15
11/15	1 Thess 1:6-10	Lk 14:25-35
11/16	1 Thess 2:1-8	Lk 15:1-10
11/17	1 Thess 2:9-14	Lk 16:1-9
11/18	1 Thess 2:14-19	Lk 16:15-18, 17:1-4
11/19	2 Cor 8:1-5	Lk 9:57-62
11/20	Eph 2:4-10	Lk 12:16-21
11/21	1 Thess 2:20-3:8	Lk 17:20-25
11/22	1 Thess 3:9-13	Lk 17:26-37
11/23	1 Thess 4:1-12	Lk 18:15-17, 26-30
11/24	1 Thess 5:1-8	Lk 18:31-34
11/25	1 Thess 5:9-13, 24-28	Lk 19:12-28
11/26	2 Cor 11:1-6	Lk 10:19-21
11/27	Eph 2:14-22	Lk 13:10-17
11/28	2 Thess 1:1-10	Lk 19:37-44
11/29	2 Thess 1:10-2:2	Lk 19:45-48
11/30	2 Thess 2:1-12	Lk 20:1-8

Sundays in Red

<https://www.o.ca.org/readings/monthly/2022/11>