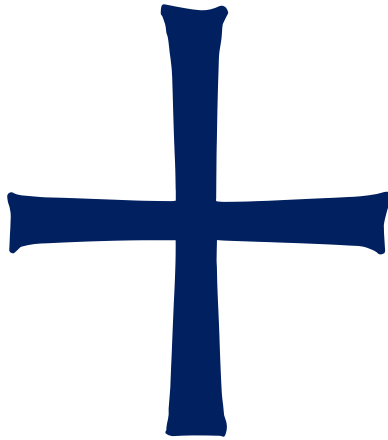


SAINT ELIZABETH ORTHODOX CHURCH



Sunday Bulletin

September 17, 2023—Afterfeast of the
Elevation of the Cross



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Welcome to St. Elizabeth

WELCOME VISITORS! We are delighted you are here. It is our sincere desire that your participation today in the Divine Liturgy will draw you closer to Christ and His Church. Please join us after the service for coffee and refreshments in our fellowship hall. If you have questions about any facet of Orthodox worship, our priest—Father John Strickland—would be very happy to meet and assist you in any way possible.

If you are not familiar with the Orthodox Church, you may see some things that are new to you—icons and incense, the sign of the cross, veneration of the saints, and a lot of standing. These elements have been part of traditional Christian worship from ancient times. They reflect the heavenly nature of the Church.

If you would like to learn more about Orthodoxy, we have a small bookstore where Orthodox publications may be purchased and a lending library where many Orthodox books and periodicals can be borrowed. If you would like to learn more about our parish, please visit our website at <https://stelizabethorthodox.org>. There, you can find a link to our parish YouTube page where you can view Father John's Sunday homilies.

Please note that Orthodox priests may serve Communion only to baptized and chrismated members of the Orthodox Church. The Eucharist is the paramount expression of unity among Christians; but the reality today is that many Christians are not united in matters of doctrine and practice. While some Christians are content to agree to disagree, we believe true unity will occur only when modern Christians are reconciled to the ancient Church, with its faith and life delivered “once, and for all.” In light of this, we respectfully request that rather than partaking of the Eucharistic Chalice, our non-Orthodox guests join us in receiving the *antidoron*—or blessed bread—served at the end of the Divine Liturgy.

Please feel free to contact Fr. John any time at (360) 598-9700 or rector@stelizabethorthodox.org.

—Thank you for joining us today. Glory to Jesus Christ!

Bulletin News

- ✦ Church School—Our parish will begin a new year of St. Elizabeth's Church School in October, and we are looking for teachers and substitutes to support the upcoming school year. We need six volunteers to be teachers, and at least three for substitutes.

To parents of children ages 5 to 18—St. Elizabeth's Church School is pleased to partner with you in the faith education of your children. You can now register your children for the upcoming school year at the following link: <https://tinyurl.com/29n7zpar>.

Please contact Roxanne with any questions at rox@tara-lu.com. You can also email her for an individual invite to the registration form above. Please pray for our Church School whether you have children or don't, whether you might volunteer or not!

- ✦ Meal Teams—If you enjoy our Sunday meals and have not joined a meal team, please join one! We need your help. Contact Joy at whitetigerofjoy@gmail.com to join a team.

September Birthdays, Name Days & Anniversaries

- ✦ Name days—St. Gordian (Sept. 13th)
- ✦ Birthdays—Gordy Becker (Sept. 13th)

This Week at St. Elizabeth

Sept. 18th—Monday
6:30pm Catechesis

Sept. 23rd—Saturday
6:00pm Great Vespers

Sept. 20th—Wednesday
6:00pm Vespers &
Orthodox Studies

Today's Hymns

15th Sunday After Pentecost—Tone 4. Afterfeast of
the Elevation of the Cross.

Tone 6 **Troparion** *(Resurrection)*

The Angelic Powers were at Thy tomb;
the guards became as dead men.
Mary stood by Thy grave,
seeking Thy most pure body.
Thou didst capture hell not being tempted by it.
Thou didst come to the Virgin, granting life.
O Lord, Who didst rise from the dead, //
 glory to Thee.

Tone 1 **Troparion** *(Cross)*

O Lord, save Thy people,
and bless Thine inheritance!
Grant victories to the Orthodox Christians
over their adversaries;
and by virtue of Thy Cross, //
 preserve Thy habitation!

Tone 5 **Troparion** *(Church)*

O God-wise Elizabeth,
with humility thou didst hide thy nobility and honor Christ
especially by imitating the labors of Martha and Mary.
As a sacrifice to God, thou didst arm thyself with works of mercy,
patience, and love.
Seeing thy life of good works and suffering, we sincerely beseech
thee, our true teacher.
O Venerable Martyr, Grand Duchess Elizabeth, //
 entreat Christ our God to enlighten and save our souls.

Tone 5 Troparion *(Martyrs)*

Thou didst blossom in the courts of the Lord
as a fruitful olive tree,
O holy martyr Sophia;
in thy contest thou didst offer to Christ the sweet fruit of thy
womb,
thy daughters Faith, Hope, and Love.//
 Together with them intercede for us all!

Tone 6 Kontakion *(Resurrection)*

When Christ God, the Giver of Life,
raised all of the dead from the valleys of misery with His mighty
hand,
He bestowed resurrection on the human race.//
 He is the Savior of all, the Resurrection, the Life, and the God
 of all.

Tone 2 Kontakion *(Church)*

Who can tell of thy great acts of faith,
O long suffering Grand Duchess Elizabeth,
while enduring death in the depths of the earth,
thou didst radiate the brightness of Paradise.
Rejoicing in psalms and hymns, thou didst pray with the angels for
thy torturers,
"O Lord forgive them for they know not what they do." //
 O Christ our God, through her prayers, have mercy, and save
 our souls.

Glory . . .

. . . over

Tone 1 Kontakion (*Martyrs*)

The holy branches of noble Sophia,
Faith, Hope, and Love,
confounded Greek sophistry through Grace.
They struggled and won the victory//
and have been granted an incorruptible crown by Christ the
Master of all.

Now and Ever . . .

Tone 4 Kontakion (*Cross*)

As Thou wast voluntarily raised upon the Cross for our sake,
grant mercy to those who are called by Thy Name, O Christ God;
make all Orthodox Christians glad by Thy power,
granting them victories over their adversaries//
by bestowing on them the invincible trophy, Thy weapon of
peace!

Instead of "It is truly meet...": Magnify, O my soul, the most
precious Cross of the Lord! Thou art a mystical Paradise, O
Theotokos, who, though untilled, hast brought forth Christ;
through Him the life-bearing wood of the Cross was planted
on earth. Now at its Exaltation, as we bow in worship before
it, we magnify thee.

Today's Scripture Readings

Epistle Reading—2 Corinthians 4:6–15

For it is the God who commanded light to shine out of darkness, who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ. But we have this treasure in earthen vessels, that the excellence of the power may be of God and not of us. We are hard-pressed on every side, yet not crushed; we are perplexed, but not in despair; persecuted, but not forsaken; struck down, but not destroyed – always carrying about in the body the dying of the Lord Jesus, that the life of Jesus also may be manifested in our body. For we who live are always delivered to death for Jesus' sake, that the life of Jesus also may be manifested in our mortal flesh. So then death is working in us, but life in you. And since we have the same spirit of faith, according to what is written, "I believed and therefore I spoke," we also believe and therefore speak, knowing that He who raised up the Lord Jesus will also raise us up with Jesus, and will present us with you. For all things are for your sakes, that grace, having spread through the many, may cause thanksgiving to abound to the glory of God.

Gospel Reading—Matthew 22:35–46

And one of them, a lawyer, asked him a question, to test him. "Teacher, which is the great commandment in the law?" And he said to him, "You shall love the Lord your God with all your heart, and with all your soul, and with all your mind. This is the great and first commandment. And a second is like it, You shall love your neighbor as yourself. On these two commandments depend all the law and the prophets." Now while the Pharisees were gathered together, Jesus asked them a question, saying, "What do you think of the Christ? Whose son is he?" They said to him, "The son of David." He said to them, "How is it then that David, inspired by the Spirit, calls him Lord, saying, 'The Lord said to my Lord, Sit at my right hand, till I put thy enemies under thy feet'? If David thus calls him Lord, how is he his son?" And no one was able to answer him a word, nor from that day did any one dare to ask him any more questions.

Today's Commemorations

The Holy Martyrs Vera, Nada, and Lyubov (Faith, Hope and Love) and their Mother Sophia (Wisdom)

They all lived and suffered in Rome during the reign of Emperor Hadrian. Sophia was wise, as her name implies. She was left a widow, and had established herself and her daughters well in the Christian Faith. When the persecuting hand of Hadrian extended even over the virtuous home of Sophia, Vera was only twelve years old; Nada, ten years old; and Lyubov, nine years old. Brought before the emperor, these four held each other's hands "like a woven wreath," humbly but steadfastly confessed their faith in Christ the Lord and refused to offer sacrifices to the pagan idol Artemis. Before their suffering, the mother encouraged her daughters to endure to the end: "Your heavenly Bridegroom, Jesus Christ, is eternal health, inexpressible beauty and eternal life. When your bodies are slain by torture, He will clothe you in incorruption and the wounds on your bodies will shine in the heavens as stars." One by one the torturers inflicted cruel torments, first on Vera, then on Nada, and then on Lyubov. They beat them, slashed them, cast them into fire and boiling pitch, and finally beheaded them with the sword one after another. Sophia took the dead bodies of her daughters outside the town and honorably buried them. She remained at their grave for three days and three nights, praying to God. Then she gave her spirit to God, flying off to Paradise, where the blessed souls of her glorious daughters awaited her.

The Holy Female Martyr Agathocleia

Agathocleia was a servant of a certain Nicholas and his wife Paulina, who had been Christians but turned back from the Faith to worship idols. Holy Agathocleia refused to follow the error of her masters and was subsequently tortured cruelly by them, and by the pagan judges. Her mistress killed her by pouring hot coals on her neck, but this handmaiden of God was glorified in His Heavenly Kingdom.

The Exaltation of the Honorable Cross (Sept. 14)

Two events in connection with the Honorable Cross of Christ are commemorated on this day: first, the finding of the Honorable Cross on Golgotha and second, the return of the Honorable Cross from Persia to Jerusalem. Visiting the Holy Land, the holy Empress Helena decided to find the Honorable Cross of Christ. An old Jewish man named Judah was the only one who knew where the Cross was located, and, constrained by the empress, he revealed that the Cross was buried under the temple of Venus that Emperor Hadrian had built on Golgotha. The empress ordered that this idolatrous temple be razed and, having dug deep below it, found three crosses. While the empress pondered on how to recognize which of these was the Cross of Christ, a funeral procession passed by. Patriarch Macarius told them to place the crosses, one by one, on the dead man. When they placed the first and second cross on the dead man, the dead man lay unchanged. When they placed the third cross on him, the dead man came back to life. By this they knew that this was the Precious and Life-giving Cross of Christ. They then placed the Cross on a sick woman, and she became well. The patriarch elevated the Cross for all the people to see, and the people sang with tears: "Lord, have mercy!" Empress Helena had a silver case made and set the Honorable Cross in it. Later, the Persian Emperor Chozroes conquered Jerusalem, enslaved many people, and took the Lord's Cross to Persia. The Cross remained in Persia for fourteen years. In the year 628 A.D. the Greek Emperor Heraclius defeated Chozroes and, with much ceremony, returned the Cross to Jerusalem. As he entered the city Emperor Heraclius carried the Cross on his back, but suddenly was unable to take another step. Patriarch Zacharias saw an angel preventing the emperor from bearing the Cross on the same path that the Lord had walked barefoot and humiliated. The patriarch communicated this vision to the emperor. The emperor removed his raiment and, in ragged attire and barefoot, took up the Cross, carried it to Golgotha, and placed it in the Church of the Resurrection, to the joy and consolation of the whole Christian world.

—Prologue of Ohrid

The Nicene Creed: the Symbol of Faith (sung together)

I believe in one God, the Father Almighty, Maker of heaven and earth, and of all things visible and invisible.

And in one Lord Jesus Christ, the Son of God, the Only-begotten, begotten of the Father before all ages: Light of Light, true God of true God; begotten, not made; of one essence with the Father; by Whom all things were made; Who for us men and for our salvation came down from heaven, and was incarnate of the Holy Spirit and the Virgin Mary, and became man; and He was crucified for us under Pontius Pilate, and suffered, and was buried; and the third day He rose again, according to the Scriptures, and ascended into heaven, and sits at the right hand of the Father; and He shall come again with glory to judge the living and the dead; Whose Kingdom shall have no end.

And in the Holy Spirit, the Lord, the Giver of Life, Who proceeds from the Father; Who with the Father and the Son together is worshipped and glorified; Who spoke by the prophets.

In one Holy, Catholic, and Apostolic Church. I acknowledge one baptism for the remission of sins. I look for the resurrection of the dead and the life of the world to come. Amen.

Pre-Communion Prayers (said together)

I believe, O Lord, and I confess that Thou art truly the Christ, the Son of the Living God, Who camest into the world to save sinners, of whom I am first. I believe also that this is truly Thine own pure Body, and that this is truly Thine own precious Blood. Therefore I pray Thee: have mercy upon me and forgive my transgressions both voluntary and involuntary, of word and of deed, of knowledge and of ignorance. And make me worthy to partake without condemnation of Thy most pure Mysteries, for the remission of my sins, and unto life everlasting. Amen.

Of Thy Mystical Supper, O Son of God, accept me today as a communicant; for I will not speak of Thy Mystery to Thine enemies, neither like Judas will I give Thee a kiss; but like the thief will I confess Thee: Remember me, O Lord in Thy Kingdom.

May the communion of Thy Holy Mysteries be neither to my judgment, nor to my condemnation, O Lord, but to the healing of soul and body. Amen.

